



Island
Neurological
Network

Connecting you with local support and information

DROP IN CAFÉ

Friday 14th September 2018 2 - 4PM

Aspire Ryde, Trinity Buildings, Dover Street,
Ryde, PO33 2BN

FREE Everyday First Aid with British Red Cross
Simple, easy to remember and fun!
(15 places, must be booked, see email/phone below)

Website: www.hampshireneural.org.uk/iow

(Island Neurological Network (INN) is an umbrella group for 10 member organisations, connecting those living with a neurological condition, their families and friends, offering support, information and advice on the Isle of Wight)

Please Join Us – All Welcome

For more information please contact Kay on: **07762 756149**

Email: islandneurologynetwork@gmail.com

Registered Charity Number: 1127183

Free refreshments will be available at the café
Always time to chat about what we want from our cafes in 2018



*My life
a full life*